## **Support Ministry**



### John Padgett, MA, Clinical Psychology, Ordained Minister

John and his wife Annette are the founders of Living Hope Ministries, a non-profit ministry in the heart of Boone. John brings passion, wisdom and knowledge of God's

Word into the support ministry of Mount Vernon Baptist Church.

- · Master of Arts, Clinical Psychology, ASU
- Ordained Minister
- Theological Training from Grace Presbyterian School of Ministry
- Elijiah House and Shiloh Place Ministries Certifications

### **Schedule an Appointment**

### **By Phone**

You may schedule an appointment by calling the confidential counseling line at 828-266-9703 and at the prompt enter extension 993. From there you will be able to leave a confidential message which will be returned within a 24-48 hour period Monday through Friday.

### **Suggested Donation Per Session**

**Counseling & Support** 

Mount Vernon Members: \$35 Non-Members: \$55

Mount Vernon Baptist Church 3505 Bamboo Road Boone, NC 28607 828-266-9703, extension 993 mvbcb.org



Men, women, families, children, adolescents and young adults

updated 3/201

# When you realize you can't do it alone . . .



# Counseling & Support Ministries



"And you shall know the truth, and the truth shall make you free." John 8:32



# Counseling Ministry

### **Biblically-based Christ-centered • Confidential**

The Counseling Ministry at Mount Vernon Baptist Church is staffed with Master level professionals who are committed to combining Biblical truth with clinical skills. Working with individuals of all ages including children, adolescents, young adults, couples and families, it is the goal of this ministry to help individuals make progress in their spiritual growth as well as bringing hope and healing in the area of emotional and mental health. Some of the issues addressed are: depression, anxiety, grief and loss, relationship and marital challenges, infidelity, divorce, parenting, addictive behaviors as well as other life struggles and transitions. Our therapists are nationally certified and state licensed professionals. Confidentiality and privacy are not only of great importance to our counseling staff but are protected by federal and state laws as well. Everyone needs a little help now and then . . . give us a call today.

### Elizabeth Abel MA, NCC, LPC

Elizabeth has experience in a wide range of areas, including community mental health and Christian counseling as well as career and life coaching. She works with people of all ages and



especially enjoys working with college students and young adults as well as couples. Elizabeth has a passion for helping people set and reach their goals. She sees counseling as an opportunity to walk with others as they seek God's guidance for growth, healing and change.

- North Carolina Licensed Professional Counselor (LPC #8776)
- National Certified Counselor (NCC since 2011)
- Distance Credentialed Counselor (DCC since 2013)
- Pursuing Board Certified Coach endorsement (BCC - summer 2014)
- American Association of Christian Counselors (AACC) member
- Master of Arts in Counseling with a concentration in school counseling and course work in higher education counseling from East Tennessee State University

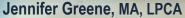
#### **Annette Ward, LCSW, LCAS**

The majority of Annette's work experience has been in the area of families and children as well as in women's issues. She has more than 10 years experience in public mental health and private practice providing therapy as well as program management and development. She desires to work with



each person and/or family through God's grace and mercy in healing and restoration.

- North Carolina Licensed Clinical Social Worker (LCSW #C003767)
- Licensed Clinical Addictions Specialist (LCAS)
- North American Association of Christians in Social Work (NACSW) member
- American Red Cross Disaster Relief Mental Health Worker
- Master of Social Work, concentration in families and children from UNC Chapel Hill, NC



Jennifer's training at Associates in Christian Counseling in Winston-Salem and Grandfather Children's Home in Banner Elk have afforded her the experience working with adults, couples and adolescents struggling



with sexual identity, self-injury, anxiety, depression, crisis pregnancy, grief and loss, co-dependency, and interpersonal relationships, among other life issues. She has also received professional training at Texas Christian University Institute of Child Development in Trust-Based Relational Intervention in order to serve adoptive/foster children and their families. Her passion is to treat each client uniquely by meeting them where they are.

- Licensed Professional Counselor Associate (LPC #A8021) working towards full LPC licensure
- American Association of Christian Counselors (AACC) member
- Licensed Professional Counselor Association of North Carolina (LPCANC) member
- · Master of Arts in Christian Counseling with a Theological Seminary, Charlotte, NC

